

Social Media Guidance for Parents and Carers

Keeping children safe online is an important part of our work as a school, and we appreciate the support of all families in helping pupils develop healthy and responsible digital habits.

Most major social media platforms — including **Instagram**, **TikTok**, **Snapchat** and **Facebook** — require users to be **13 years or older**. These age restrictions are set by the platforms themselves and are designed to protect younger children from inappropriate content, online contact and data-sharing risks.

We encourage all parents and carers to ensure that children only access age-appropriate platforms and are supported in using the internet safely. Regular conversations at home about online behaviour, privacy and kindness can make a significant difference to a child's digital wellbeing.

Please find some useful links with advice below:

- **UK Safer Internet Centre** — Guidance on online safety for families.
- **NSPCC Online Safety** — Practical advice, tools and conversation starters.
- **Childnet Parents & Carers** — Easy-to-understand guides on apps, privacy and age limits.
- **Internet Matters** — Step-by-step safety guides for popular platforms.

[Parents & carers | Childnet](#)

[Keeping children safe online - Parent's questions answered | Barnardo's](#)

[What is social media? | NSPCC](#)

SETTING UP A DEVICE SAFELY FOR KIDS

YOUTUBE

SETTINGS →
TICK SAFE SEARCH FILTERING
→ TICK STRICT

TURN OFF IN APP PURCHASES

SETTINGS → GENERAL → RESTRICTIONS
TURN OFF IN APP PURCHASES (NOT GREEN)

DISABLE SAFARI BROWSER

(IF YOU DON'T WANT THEM SEARCHING ANYTHING)

SETTINGS → GENERAL → RESTRICTIONS
ALLOWED CONTENT

MAKE ITUNES SAFE

(TO KEEP DEVICES SEPARATE WHERE YOUR ITUNES
ACCOUNT HAS BEEN CONNECTED TO)

ITUNES ON YOUR COMPUTER → EDIT → PREFERENCES

DECIDE WHICH SHOWS AND RATINGS ARE
APPROPRIATE FOR THIS DEVICE ← PARENTAL
AND OTHER DEVICES.

SAFARI

SETTINGS → GENERAL → RESTRICTIONS
SET IT UP THE WAY YOU WANT IT AND APPROPRIATE
FOR YOUR CHILDREN.

DISALLOW UPLOADING OR DELETING OF APPS

SETTINGS → GENERAL → RESTRICTIONS
INSTALLING APPS OR DELETING APPS

GUIDED ACCESS

(FOR KIDS TO STAY WITHIN AN APP, TO AVOID GOING TO OTHER APPS AND WEBSITES)

SETTINGS → GENERAL → RESTRICTIONS

→ SCROLL DOWN TO LEARNING ← ACCESSIBILITY
→ GUIDED ACCESS → TOGGLE ON





'Fortnite - Battle Royale' is a free to play section of the game 'Fortnite'. The game sees 100 players dropped on to an island from a 'battle bus' where they have to compete until one survivor remains. The last remaining player on the island wins the game. Players have to find items hidden around the island, such as weapons, to help them survive longer in the game. To make the game harder, there is an added twist called 'the storm', which reduces the size of the island from the start of gameplay, making the players closer together in proximity. The game is available on PC, PlayStation 4, Xbox One, Mac and IOS.



What parents need to know about FORTNITE: BATTLE ROYALE

MICROTRANSACTIONS

New featured items are released daily and are only available to purchase within 24 hours of their release. These are cosmetics (items, called 'skins', 'gliders' and 'emotes', which change the look of the character but do not improve the game play. Once purchased, the player has full use of these in the future. The designs are made desirable for players to purchase and even celebrities are endorsing them. Also available for purchase in the game is a 'Battle Pass'. When a new 'Battle Pass' is released, users can play a series of challenges to receive more rewards (cosmetics) by progressing through different tiers. Whatever rewards they achieve can then be used in the game.

HACKER ATTACKS

Have the Forbes said it had seen "dozens" of reports online by people who said their accounts had been compromised by hackers. Hackers gained access to users accounts in the game and spent hundreds of pounds in fraudulent charges.

NO PROOF OF AGE REQUIRED

Signing up to the game is relatively simple. Users have the option to log in with their Facebook or Google accounts or their email address. When signing up with an email address, there is no proof of age required. If your child is under the age of 12, it is important to check if your child has the game downloaded.

TALKING TO STRANGERS DURING SQUAD MODE

Interacting with other players in the game is part of the fun as players can communicate with their friends and other players in the game. Players will benefit from wearing headphones in the game to hear footsteps from other players trying to compromise their game. Wearing headphones makes it difficult for parents to hear what exactly is being said and children may be exposed to inappropriate language. Fortnite includes really good reporting features for players without cheating or misbehaving, and work towards having one of the best online gaming communities.

SOCIAL MEDIA SCAMS

There are many accounts on Facebook and Twitter which claim to give away free money (known as 'V Bucks') for games which will be transferred to their Xbox Live or PSN cards. Any giveaway promotion from Fortnite will be in-game. It is important to check the authenticity of these accounts before giving away personal information in order to claim 'V Bucks'. The websites or accounts may ask you to share your account name and password in order to claim the money; if these offers seem too good to be true, they usually are.

IT CAN BE ADDICTIVE

Games can last around 20 minutes but this varies with each game. Children may feel angry if they lose the game and sometimes to play until they achieve the results they want. The competitive nature of the game may make it difficult for children to stop playing halfway through as it could affect their position in the game.

IT CAN BE PLAYED ON THE GO

The game was released on mobile in April 2018 meaning it can be played without a games console at home. Some schools have reported that the game is distracting their students whilst in the classroom. As the game is available outside of the home, parents may not be aware of how long their child is on the game.

'FREE' TO PLAY

The game is free to play. However, if playing on Xbox, you will need an Xbox gold subscription to play the game which is chargeable.

WEAPONS AND VIOLENCE

PEGI has given the game a rating of 12+. Even though the game includes violence and weapons such as crossbows, grenade launchers, rifles, pistols, shotguns and more, PEGI say "more graphic and realistic looking violence towards fantasy characters is allowed. Any violence towards human characters must look unrealistic unless it consists of only minor or initial injury such as a 'slap', making the game suitable for children aged 12 and over.

National Online Safety

Top Tips for Parents

#1 LIMIT GAME TIME

Parents can use parental controls on Xbox and PC to limit the time your child is playing games on the devices. Be aware that the game is available on IOS and will soon be available on all mobiles. With this in mind, it is worth having a conversation with your child to discuss and agree how long you would like them to spend on games. Even though the games last around 20 minutes, it may be hard to take them away from a game mid-play, it may be worth using a limit of the amount of matches they play rather than a time limit.

#2 RESTRICT PAYMENT METHODS

'Fortnite: Battle Royale' is a free to play game, but there are still options to make additional purchases. If you do not want your child to make payments, ensure your card is not associated with their account. If you are happy for your child to make payments in the game, but want to limit spending, we suggest using a prepaid card, or a games console gift card. These can be purchased in specific amounts, which will allow you to limit how much your child spends and removes the need for a credit/debit card to be used with their account.

#3 PREVENT THEM TALKING TO STRANGERS

There is an option to turn off the voice chat feature, which means they wouldn't be able to talk to anybody, including their friends. Your child will still be able to use the in-app chat and hear other people's conversations. To turn off voice chat, open the Settings menu in the top right of the main Fortnite page, then click on the cog icon. Open the Audio tab at the top of the screen. From there, you can turn off voice chat.

#4 SHOW THEM HOW TO MAKE A REPORT

If your child believes a player is playing or talking inappropriately, you should advise them to report them. To report a player, you can use the in-game feedback tool located in the Main Menu of the game. Additionally, you can report a player in-game when spectating them.

#5 LOOK OUT FOR VBUCK SCAMS

It is important that your children are aware of the scams that they may come across online in association with the game. Open up conversation with them about scams and how they should never share their username or password with people in order to gain anything for the game.

#6 USE A STRONG PASSWORD

It may seem like a simple tip, but it is important that your child selects a strong password when creating an account, particularly if a credit/debit card is associated with the account. This will help reduce the risk of their account being hacked.

Sources

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Minecraft is played by millions of children around the world, who can use their imagination to build three-dimensional worlds with virtual building blocks in a digital, pixelated landscape. It is classed as a 'sandbox game' which means players have the freedom to build their own creations with 'blocks' they collect and also have the opportunity to explore other people's creations with their characters. Players can choose from thousands of different 'servers' to join, which are created by other players, making every experience of Minecraft unique.

Minecraft has approximately **74m** users each month

AGE RESTRICTION **10+**

What parents need to know about MINECRAFT

GROOMING
The majority of users who play Minecraft are children, making it an 'appealing' gateway for groomers. It has been reported that some users have created worlds in Minecraft to lure young people into a conversation to ask for explicit photos. There have even been more serious cases in which children have been persuaded to meet these people in real life.

CYBERBULLYING & GRIEFING
In multiplayer mode, there is a live chat feature which allows players to talk to other players through text. The chat functionality includes basic filtering to block out external links and offensive language being shared, but this varies between each server. Griefing is when someone purposely upsets another player during the game. This can be done by ruining somebody's creation or generally doing something to spoil gameplay for another. Essentially, 'Griefing' is a form of cyberbullying and can be extremely frustrating for players.

COMMUNICATING WITH STRANGERS
There are thousands of servers to choose from in Minecraft which are a single world or place created by the public, allowing users to play the game online or via a local area network with others. No two servers are the same and each server has its own individual plug-ins which are controlled by the creator. This means that some servers will allow communication with strangers.

VIRUSES & MALWARE FROM MODS
There are several websites that offer downloadable 'mods' which modify gameplay in a number of different ways. Most of the mods will be safe to use, but as they have been created by the public, they will often contain viruses that can infect your child's device and potentially try and find personal information from you or your child.

AGE RESTRICTION & 'FANTASY VIOLENCE'
According to the ESRB 'Entertaining Software Rating Board', Minecraft is suitable for users aged 10+. Due to its 'Fantasy Violence', the ESRB states that the rating has been given as 'players can engage in violent acts such as lighting animals on fire and harming animals with weapons. Mild explosions are occasionally heard as players use dynamite to fend off creatures and mine the environment.'

CHILDREN MAY BECOME ADDICTED
As with other games, Minecraft is a game where players can keep returning, with constant challenges and personal goals to achieve. Children may find it difficult to know when to stop playing, becoming absorbed in the game and losing track of time.

National Online Safety Top Tips for Parents

DISABLE OR MODERATE CHAT
To avoid potentially inappropriate comments in a live chat, you can follow these steps to turn live chat off: 1. Select 'Options' 2. Toggle the Chat button to 'Hidden' or 'Commands Only'. Bear in mind that the chat feature is also where your child can enter commands during the game, so this may limit their game play.

MONITOR YOUTUBE TUTORIALS
Many Minecraft users turn to YouTube for video tips on improving their gameplay and discovering new techniques. Although many videos are age-appropriate, some include sexual references and bad language. We suggest watching Minecraft tutorial videos together with your child. If your child is under the age of 13, we suggest installing 'YouTube Kids' which provides a safer platform for children to find the content they want, safely.

SCAN 'MODS' FOR MALWARE
Minecraft 'mods' add content to games to give more options to interact and change the way the game looks and feels. But while 'mods' can bring fun for a child, it's important to consider that downloading and installing 'mods' could potentially infect their device with a virus or malware. In 2017, security company Symantec said that between 600,000 and 2.5 million Minecraft players had installed dodgy apps, which hijacked player's devices and used them to power an advertising botnet. Install a malware scanner on every device that your child plays Minecraft on, and make sure it's up-to-date.

PLAY IN 'CREATIVE' OR 'PEACEFUL' MODE
Even though the age limit is 10+, Minecraft can be quite overwhelming at times, especially for younger players or SEND children. We suggest limiting your child to play in 'creative mode' or 'peaceful mode' which takes away the survival element and removes the 'scariest' monster/zombie characters.

SET TIME LIMITS
With 'Gaming Disorder' becoming an official health condition, we suggest setting a reasonable time limit when playing Minecraft. Parents can use parental controls on devices to limit the time a child is playing games. It is worth having a conversation with your child to understand what 'mode' they are playing on the game. This may help you decide on how much time you would like them to spend playing on it. For example, a mini game will have an 'end', but this will depend on how long the game creator has made the game last. In 'survival mode', the game has no end as there is no goal to be achieved other than the child's own e.g. after they have built something.

CHOOSE SERVERS CAREFULLY
Advise your child to only enter servers with people they know and trust to protect them from engaging in conversation with strangers. Your child can also create their own multi-player server and share this with their friends to join in which is safer and more controlled than joining a stranger's server.

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THIS IS AN INDEPENDENT ONLINE SAFETY GUIDE AND IS NOT AN OFFICIAL MINECRAFT PRODUCT. THIS GUIDE HAS NOT BEEN APPROVED BY NOR IS IT ASSOCIATED WITH MOJANG

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 This is not a definitive guide. Please always check with the app's support information to see if your security and privacy concerns are addressed.

www.nationalonlinesafety.com

7 questions to help you start a conversation with your child about online safety

#WakeUpWednesday

1

Which apps/games are you using at the moment?



THIS WILL GIVE YOU A GOOD OVERVIEW OF THE TYPES OF THINGS YOUR CHILDREN ARE DOING ON THEIR DEVICES, ALONG WITH THEIR INTERESTS. REMEMBER THAT THEY MIGHT NOT TELL YOU EVERYTHING THEY ARE USING, SO IT IS A GOOD IDEA TO ASK THEM TO SHOW YOU THEIR DEVICE. BECAUSE NEW APPS AND GAMES ARE RELEASED REGULARLY, IT IS IMPORTANT TO HAVE THIS CONVERSATION OFTEN TO ENSURE YOU ARE UP TO DATE WITH WHAT THEY ARE DOING.



Which websites do you enjoy using and why?

AS IN THE TIP ABOVE, ASKING THIS QUESTION WILL ALLOW YOU TO FIND OUT WHAT YOUR CHILD IS DOING ONLINE, AND ENCOURAGE POSITIVE CONVERSATIONS ABOUT THEIR ONLINE ACTIVITY. ASK THEM HOW THEY USE THE WEBSITES, AND TAKE AN INTEREST IN HOW THEY CAN USE THEM IN A POSITIVE WAY. ALSO ASK THEM TO SHOW YOU IF POSSIBLE.



2

3

PLAYING? NO

How does this game/app work? Can I play?



SHOW A GENUINE INTEREST IN WHAT THEY ARE DOING. WHILST YOU ARE PLAYING A GAME OR USING AN APP WITH THEM, IT MIGHT HIGHLIGHT SOMETHING THAT THEY DON'T NECESSARILY THINK IS A DANGER TO THEM. IF THEY ACT LIKE THEY DON'T WANT TO SHARE THEIR ACTIVITIES WITH YOU, QUESTION WHY.

Do you have any online friends?

CHILDREN CAN FORM POSITIVE RELATIONSHIPS WITH PEOPLE ONLINE, AND THIS HAS BECOME MORE COMMON THANKS TO ONLINE MULTIMEDIA OPTIONS, BUT THEY MAY NOT FULLY UNDERSTAND THE DIFFERENCE BETWEEN A FRIEND AND A STRANGER. YOU COULD MAKE THE QUESTION MORE SPECIFIC TO YOUR CHILD, FOR EXAMPLE, "HAVE YOU MET ANYONE ONLINE THAT YOU LIKE TO PLAY GAMES WITH?" THEY MAY NOT WANT TO SHARE THIS INFORMATION WITH YOU, SO ENSURE YOU TEACH THEM ABOUT REAL-TIME RELATIONSHIPS.



4

5

Do you know where to go for help?



ALTHOUGH YOU MAY BE THE ADULT THEY TRUST THE MOST, SOME CHILDREN STRUGGLE TO TALK ABOUT WHAT HAPPENS ONLINE DUE TO CONFUSION OR EMBARRASSMENT. BECAUSE OF THIS THEY MAY STRUGGLE TO APPROACH THE NORMAL PEOPLE WHO WOULD HELP, SUCH AS YOURSELF OR A TEACHER. HAVE A CHAT TO YOUR CHILD ABOUT EXACTLY WHERE THEY CAN GO FOR HELP, AND HOW THEY CAN REPORT ANY ACTIVITY THAT THEY BELIEVE IS INAPPROPRIATE ONLINE.

Do you know what your personal information is?

YOUR CHILD MAY ALREADY KNOW WHAT THEIR PERSONAL INFORMATION IS BUT THEY MIGHT NOT THINK ABOUT HOW IT CAN BE SHARED. HAVE A CONVERSATION ABOUT WHAT PERSONAL INFORMATION IS AND HOW THIS CAN AFFECT THEM IF IT IS SHARED BEYOND THE INTENDED RECIPIENT. IT IS IMPORTANT THAT YOUR CHILD UNDERSTANDS THE DANGERS OF SHARING CONTACT DETAILS OR PHOTOS, AS INFORMATION SUCH AS THIS CAN SPREAD QUICKLY ONLINE.



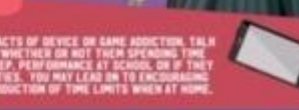
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7

Do you know your limits?



CHILDREN MAY NOT UNDERSTAND THE NEGATIVE IMPACTS OF DEVICE OR GAME ADDICTION. TALK TO THEM OPENLY ABOUT HEALTHY HABITS AND ASK WHETHER OR NOT THEIR SPENDING TIME ONLINE OR PLAYING A GAME IS AFFECTING THEIR SLEEP, PERFORMANCE AT SCHOOL, OR IF THEY ARE GENERALLY LOSING INTEREST IN OTHER ACTIVITIES. YOU MAY LEAD ON TO ENCOURAGING ALTERNATIVE ACTIVITIES AND DISCUSSING THE INTRODUCTION OF TIME LIMITS WHEN AT HOME.





According to the Roblox website, 'Roblox is the world's largest interactive social platform for play'. For those of you not so familiar with the game, it is a multi-player online gaming platform which allows children to play and create a variety of games in a 3D world. Roblox is free to play and available on all modern smartphones, tablets, desktops, Xbox One, Oculus Rift, and HTC Vive.



What parents need to know about ROBLOX

ROBLOX STUDIO

The Roblox Studio allows users to create their own games and 'worlds' for others to play on the platform. As the games are user generated, it gives users the freedom to potentially include things you do not want your child to be exposed to, for example, weapons, violence and even pornographic content. There are no age restrictions on the games created in the Roblox Studio and Roblox can only rely on people reporting negative/violent content in order to remove the games from the platform.



CHATTING AND FRIEND REQUESTS

Whilst the games in Roblox are aimed at 8 to 18-year-olds, there are currently no age restrictions for signing up. This means both adults and young people can play and communicate with each other and send friend requests through the platform. Once a friend request is accepted, this means that they can communicate with each other outside of gameplay.



ROBUX ONLINE PAYMENTS

When a user creates a game, they earn something called 'Robux', which works as a currency within the platform, allowing the purchase of upgrades and memberships. If the created game is of good quality and attracts multiple players and in-game adverts, children have the potential to earn a lot of Robux. Once a user has earned a certain amount of Robux, they can convert this to real cash and withdraw it to a PayPal account. To withdraw money, users need to be over 13, have a PayPal account and have paid for the Roblox premium subscription.



National Online Safety

Top Tips for Parents



UNLIST SOCIAL MEDIA ACCOUNTS

Make sure your child's social media accounts are not listed in the settings/account info. If they are, advise them to make them private or remove them in their account. This will ensure nobody can find and contact them on their social media platforms outside of Roblox.

CHECK SHARED INFORMATION

In the account settings, check that your child is not giving away any personal information in their bio/profile. For example, their full name, phone number or snapchat name. If you see that they have, explain why this is potentially dangerous and remove immediately.

2 STEP VERIFICATION

Roblox has a great 2-step verification security feature which we recommend you enable to add an extra layer of security to your child's account.

IS YOUR CHILD UNDER 13?

Unfortunately, there are hundreds of YouTube videos showing children how to change their age settings on Roblox, so firstly, you should talk to your child to set up some rules/agreement. There are additional safety features for children under 13, for example having their posts and chats filtered for inappropriate content and behaviour, so it is worth checking that your child has set up their account with the correct age. You can find this in their account settings.

DISABLE IN-GAME CHAT

Roblox is great for children to play together and chat to each other. However, if you wanted to completely turn off in-game chat for your child (meaning they could not contact anyone including their friends) you can do so by following these steps: When logged in, go to the Account Settings page by clicking on the gear icon at the top right corner of the page, then click 'Settings'. Next, click on the Privacy tab and under 'Who can chat with me in game?' select 'No one' and this will disable in-game chat.

HAVE A CHAT ABOUT 'GRIEFING'

Griefing is when someone purposely upsets another player in a game. This can be done by setting traps, damaging or stealing something from another player, intentionally killing them and just generally doing something in the game to spoil gameplay for them. Essentially, 'Griefing' is a form of cyberbullying and can be extremely frustrating and upsetting for players.

RESTRICT PAYMENT METHODS

Roblox is a free to play game, but there are still options to make additional in-game purchases, if you do not want your child to make payments, ensure your card is not associated with their account. If you are happy for your child to make payments in the game, but want to limit spending, we suggest using a games console gift card. These can be purchased in specific amounts, which will allow you to limit how much your child spends and removes the need for a credit/debit card to be used with their account.



What Parents & Carers Need to Know about ROBLOX

Roblox is one of the most popular video games on the market. By 2020, the game's makers were claiming that more than half of children in the USA play it. As a 'sandbox' title, Roblox offers a huge amount of creative freedom: it lets players create their own gaming experiences with the Roblox Studio to build custom levels and games, which can then be shared with other players online. Roblox fosters creative thinking and enjoys a robust online community of fans.

WHAT ARE THE RISKS?

CONTACT WITH STRANGERS

Roblox encourages players to communicate online (including a group chat facility). This could expose children to risks such as scammers, online predators, harassment, griefers and more. The in-game chat has some filters, but isn't perfect: players can still send harmful messages to others – such as general hostility – while predators can reach out to children directly.

PUBLIC SERVERS

Roblox has private or VIP servers which allow people to play exclusively with their friends, but this costs money. Most Roblox players will instead be on public servers that anyone can join. Servers can host games which focus on all kinds of aspects, including direct player interaction. Some games and servers, therefore, will put children more at risk of contact from strangers than others.

ONLINE DATERS

These are also called 'ODers' and are quite common in Roblox. An ODer is an individual who joins a game with the intention of finding someone to date online – and eventually meet in person. Such online dating is against the Roblox community guidelines, but this usually doesn't deter ODers. Some player-built Roblox game worlds have even been designed with online dating specifically in mind.

IN-APP PURCHASES

Roblox is actually free to download and play, but bear in mind that there are some hidden costs. Players are encouraged to make purchases in the game, for example, using real money. People can also buy extra Robux (the in-game currency) to spend on cosmetic items in the game, and some private or VIP servers also have a cost.

Advice for Parents & Carers

SET PARENTAL CONTROLS

Roblox comes with several parental control options, which are explained well on the game's official website. It's essential to enter the correct date of birth for your child, as that allows Roblox to automatically apply the appropriate chat filters. The game also allows parents and carers to set monthly spending restrictions and monitor their child's account.

DISABLE PRIVATE MESSAGING

Roblox's private messaging function raises the risk of children being contacted by people they may not want to speak with – potentially leading to bullying, harassment, toxicity and scam attempts. The game allows you to disable messages from anyone who hasn't been added as a friend on your child's account.

PRIVATE SERVERS

If your child has genuine friends who they play Roblox online with, paying for a private or VIP server decreases the risk of contact from strangers. Even then, however, some players could invite other people – who might not necessarily be child friendly – into the private server. If your child is a Roblox fan, it's important to talk with them regularly about who they are playing the game with.

MONITOR SPENDING

If they don't understand they're using real money, it's easy for children to accidentally spend a sizeable amount in the game. Using parental controls to place limits on their spending will help avoid any nasty financial surprises. Ensuring that you have two-factor authentication on your payment accounts also makes it harder for your child to spend money inadvertently.

DEALING WITH STRANGERS

At some point in their development, your child will need to learn how to deal with strangers online. Show them how to block and report any users who are upsetting them or asking uncomfortable questions. Talking to them about what's OK to discuss – and what they should never tell a stranger online – will help them understand how to communicate with others safely in the digital world.

Meet Our Expert

Clare Godwin (a.k.a. Lunawolf) has worked as an editor and journalist in the gaming industry since 2015, providing websites with event coverage, reviews and gaming guides. She is the owner of Lunawolf Gaming and is currently working on various gaming-related projects including game development and writing non-fiction books.

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Snapchat is a photo sharing app for mobile phones and tablets. The app allows users to share images for a limited number of seconds, chat with users before messages disappear, and share images with their friends list through a 'story'.



What parents need to know about SNAPCHAT

SNAP MAP

In 2017, Snapchat introduced a new feature called 'Snap Map', which allows users to see the EXACT location of the people on their friends list in real-time and watch stories from around the world. Users can view a map called a 'Snap Map'. This feature completely exposes your child's location and users can potentially follow your child from their home to their school.

'SNAP STREAKS'

'Streaks' tell users how many days in a row they have spoken or sent 'snaps' to one another. What's dangerous about this? It forces young people into putting a false sense of importance on a superficial number to the extent that it becomes something that can make or break a friendship. For example, if a person forgets to message or send a picture to their friend, breaking their 200-day streak, this could cause a confrontation between the friends. This can put an incredible amount of pressure on children to keep streaks.



SCREENSHOTS

While Snapchat's gimmick is that all photos, videos and text disappear after a maximum of 10 seconds, users can still screenshot or save them. Users may sometimes forget that screenshotting is a possibility in the app and send an image to someone they trust.



SEXTING

Due to 'Snaps' disappearing soon after they're received, (users can even send a one second photo or video), Snapchat has become the chosen platform for sending sexually explicit images or 'sexts' to someone. The short amount of time gives children the confidence to send the pictures.

Once a photo/video has been screenshotted, this can lead to further dangers, such as blackmail and cyberbullying. It is illegal to make, possess, download, store and share sexual images, photos and videos of a person under the age of 18. This also includes any sexual images, photos and videos that a child may have taken of themselves.

However, if a young person is found creating or sharing images, the police can choose to record that a crime has been committed, but that taking formal action isn't in the public interest.



Top Tips for Parents



THINK BEFORE YOU SNAP

Ensure that your child knows that 'Snaps' can be screenshotted and teach them that if they post anything potentially embarrassing or harmful (either of themselves or someone else) it can have severe consequences, as if the message lasted forever.

TURN OFF 'QUICK ADD'

'Quick add' helps friends find each other on the app. This is based on mutual friends or if their number is in their phone book. Explain to your child that this feature can open up their profile to strangers. We highly recommend that your child turns off the 'Quick Add' feature.

EDUCATE ABOUT RISKS OF SEXTING

It can be slightly awkward talking about this topic with your child, but if it helps them protect themselves, then it is worth it. Talk to them about the consequences of sexting and make sure that they're aware of the risks prior to using Snapchat.

REPORTING INAPPROPRIATE CONTENT

If your child is receiving inappropriate content, it's important that you report it. First block the sender to prevent any further messages. You can then report this by sending an email to safety@snapchat.com. If the problem persists, contact CEOP at ceop.gov/report.

RESTRICT WHO CAN VIEW THEIR STORY

Your child can add videos and images to their 'Story' throughout the day which last for 24 hours. By default, anyone in their friends list can see their story. We recommend that children only have their close friends and family on the app.

THINK BEFORE YOU SNAP

Ensure that your child knows that 'Snaps' can be screenshotted and teach them that if they post anything potentially embarrassing or harmful (either of themselves or someone else) it can have severe consequences, as if the message lasted forever.

ENTER 'GHOST' MODE ON SNAP MAPS

We highly recommend enabling Ghost Mode on the app so that your child's location will no longer be visible to anyone on the 'Snap Map'. To enable this, go onto the Snap Map and tap the cog in the top-right corner. Here, change your settings to 'Ghost Mode'.

HOW TO DEACTIVATE SNAPCHAT

If your child wanted to delete their Snapchat account, simply deleting the app from their phone is not enough. To deactivate the account, users will have to log in to their account on desktop or on their mobile device (not through the app). Here, you:
1) Go to support.snapchat.com/delete-account
2) Here, click on 'Delete my account'
3) You will then be asked to enter your username and password again

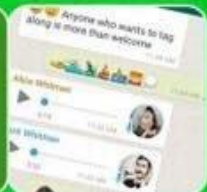
DISAPPEARING ILLEGAL CONTENT

Snapchat 'deletes by default' which means every opened snap image or video is automatically deleted. If your child has seen criminal activity on Snapchat, you should report it immediately - See 'Reporting Inappropriate Content' above.

Source: <http://home.bt.com/tech-gadgets/internet/social-media/what-is-snapchat-a-safety-guide-for-parents-1134403274253?http://www.independent.co.uk/ife-style/gadgets-and-tech/news/snapchat-snap-map-ideal-new-guardians-protect-privacy-children-safety-grounding-messaging-children-7832351.html> <https://www.bbc.com/news/tech-51700000>
By <http://support.snapchat.com/en-GB>



WhatsApp is one of the most popular messaging apps in the world, with more than 1.5 billion people in more than 180 countries using it to send and receive text, photos, videos and documents, as well as make voice and video calls through an Internet or Wi-Fi connection. The free app offers end-to-end encryption, which means that messages can only be read by the sender and the recipient in one-to-one chats, or all members if it is a group chat. Not even WhatsApp can read them.



AGE RESTRICTION
16+



What parents need to know about WhatsApp

AGE LIMIT CHANGE
Since May 2018, the minimum age for using WhatsApp is 16 years old if you live in the European Union, including the UK. Prior to this, the minimum age was 13, which still applies for the rest of the world. WhatsApp has not yet stated whether it will take action against anyone aged between 13 and 16 who already hold accounts under the old terms and conditions, such as closing their account or seeking parental permission.

SCAM MESSAGES
Occasionally on WhatsApp, people receive spam messages from unauthorised third parties or from fraudsters pretending to offer prizes to 'lucky people', encouraging recipients to click on a link to win a prize. A common scam involves messages warning recipients that their WhatsApp subscription has run out with the hope that people are duped into providing their payment details. Other scam messages include instructions to forward the message in return for a reward or gift from WhatsApp or another person.

FAKE NEWS AND HOAXES
WhatsApp has been linked to enabling the spread of dangerous viral rumours. In India, for example, a number of attacks appear to have been sparked by false rumours shared on WhatsApp.

THE 'ONLY ADMIN' FEATURE AND CYBERBULLYING
Cyberbullying is the act of sending threatening or taunting text messages, voice messages, pictures and videos, with the aim to hurt and humiliate the receiver. The group chat and group video call features are great for multiple people to chat simultaneously, but there is the potential for people to hurt others with their comments or jokes. The 'only admin' feature gives the admin of a group chat greater control over who can send messages. Whilst this can be good for one-way announcements, the group admin has the power to block somebody from responding to an offensive message in a chat, which could result in a child being upset and unable to reply.

CONNECTING WITH STRANGERS
To start a chat in WhatsApp, you need to know the mobile number of the contact you want to speak to and they also need to have the app downloaded. WhatsApp can find contacts by accessing the address book of a device and recognising which of those contacts are using WhatsApp. If your child has shared their mobile number with somebody they don't know, they can use it to get in touch via WhatsApp.

LIVE LOCATION SHARING
WhatsApp's 'Live Location' feature enables users to share their current location in real time to their contacts in a chat, allowing friends to show their movements. The feature, which can be found by pressing the 'attach' button, is described by WhatsApp as a 'simple and secure way to let people know where you are.' Location-sharing is already a common feature on other social apps, including Snapchat's Snap Map and Facebook Messenger and can be a useful way for a child to let loved ones know they are safe. However, if your child is in a group chat with people they do not know, they will be exposing their location.



Top Tips for Parents



CREATE A SAFE PROFILE
Even though somebody would need your child's phone number to add them as a contact, as an extra security measure we suggest altering their profile settings to control who can see their profile photo and status. The options to choose from are 'Everyone', 'My Contacts' and 'Nobody'. We suggest selecting 'My Contacts' or 'Nobody' to ensure their profile is protected.

EXPLAIN HOW TO BLOCK PEOPLE
If your child has received spam or offensive messages, calls or attachments from a contact, they should block them. Messages and status updates sent by a blocked contact will not show up on the phone and will stay undelivered. Blocking someone will not remove this contact from the contact list - they will need to be removed from the phone's address book. To block a contact, your child needs to open the person's chat stream and tap on the settings.



REPORT SCAM MESSAGES
Advise your child not to tap, share or forward any message that looks suspicious or sounds too good to be true. When your child receives a message from an unknown number for the first time, they will be given the option to report the number as spam directly inside the chat. They can also report a contact or a group as spam using the following steps: 1) Open the chat. 2) Tap on the contact or group name to open their profile information. 3) Scroll to the bottom and tap 'Report Spam'.

LEAVE A GROUP
If your child is part of a group chat that makes them feel uncomfortable or has been added to a group they don't want to be part of, use the group's settings to show them how to leave. If someone exits a group, the admin can add them back in once. If they leave again, they cannot be added again.

USING LIVE LOCATION SAFELY
If your child needs to use the 'Live Location' feature to share with you or a friend, advise them to only share it for the amount of time they need to. WhatsApp gives the options of either 15 minutes, one hour or eight hours. However, your child can choose to stop sharing at any time.

DELETE ACCIDENTAL MESSAGES
If your child has sent a message to the wrong chat or if a message they sent has contained a mistake, they can delete it. To do this, simply tap and hold on the message, choose 'Delete' and then 'Delete for everyone'. The app allows seven minutes to delete the message after it has been sent, but it is important to remember that recipients may have seen and screenshot a message before it was deleted.

SET TIME LIMITS
A 2017 study found that by the age of 14 the average child will have sent more than 35,000 texts, 30,000 WhatsApp messages and racked up more than three solid weeks of video chat. Although it is inevitable that your child will use technology, you can still set boundaries. This is not easy, especially since teens use their devices for both schoolwork and free time, often simultaneously.



