

CAERPHILLY CARES provides residents needing support with a single gateway into the Council.

www.caerphilly.gov.uk/CaerphillyCares

Need help with things such as financial support, isolation or loneliness, food? We will help you, please contact the team, we will support you to get the right team or service to help all your needs.

email: caerphillycares@caerphilly.gov.uk

tel: 01443 811490

Please text **SUPPORT** to **07537 414 443** and a member of the Caerphilly Cares Team will call you back.



Mae **GOFALU AM GAERFFILI** yn darparu un porth i'r Cyngor i drigolion sydd angen cymorth.

www.caerffili.gov.uk/GofaluAmGaerffili

Angen help gyda phethau fel cefnogaeth ariannol, arwahanrwydd neu unigrwydd, bwyd? Gallwn ni eich helpu, cysylltwch â'r tîm, byddwn yn eich cefnogi i gael y tîm neu'r gwasanaeth cywir i helpu'ch holl anghenion.

eboost: caerphillycares@caerphilly.gov.uk

ffôn: 01443 811490

Tecstio '**Cymorth**' i **07537 414 443**

a fydd aelod o'r tim
Gofalu am Caerffili
yn eich ffonio chi
yn ol.

