

# Cost of Living Support

Do you need help with, or advice about the cost of living?



Cost of living support scheme (Council tax)



Jobs, skills and employment support



Help for families with children



Getting help with your energy bills



Mental health and wellbeing support



Help with benefits, rents and other bills



Managing your debts and budgeting



Supporting People... Housing related support



Get help paying for food

Contact the Caerphilly Cares Team on 01443 811490 [CaerphillyCares@caerphilly.gov.uk](mailto:CaerphillyCares@caerphilly.gov.uk)



Team Caerphilly  
Better Together

